



CANADIAN MENNONITE UNIVERSITY

OUR MISSION: Blazer Athletics inspires and equips student-athletes to develop skills in discipline and excellence:

- To realize their God-given abilities
- To practice community through commitment, teamwork and Christian service
- To nurture their bodies as part of God's creation
- To experience joy through participating and competing
- To bear witness through sport to church and society

CMU ATHLETICS DEPARTMENT

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CONFERENCE MEMBERSHIP

Canadian Mennonite University has been a full-member of the Manitoba Colleges Athletics Conference (MCAC) since its founding in 2008. Previously, the MCAC was known as the Central Plains Athletics Conference, the Great Plains Athletics Conference and the Manitoba Christian Colleges Athletics Association. The MCAC is the governing body of intercollegiate sports in Manitoba and is composed of colleges and universities within the province of Manitoba.

The MCAC is bidding to join the Canadian Colleges Athletics Association (CCAA) in 2010. Comprised of 106 institutions from five regional athletics conferences, the CCAA is the national governing body for college sports in Canada. Find more information on the CCAA and its members at www.ccaa.ca

The following colleges and universities comprise the Manitoba Colleges Athletics Conference:

Assiniboine Community College Cougars	Brandon, MB
Booth College Generals	Winnipeg, MB
Canadian Mennonite University Blazers	Winnipeg, MB
College Universitaire de St-Boniface Voyageurs	St. Boniface, NB
Providence College Freeman	Otterburne, MB
Red River College Rebels	Winnipeg, MB
Steinbach Bible College Flames	Steinbach, MB

Stay up to date on the scores and stories of the MCAC at www.mcacathletics.ca

CONFERENCE PARTICIPATION

CMU varsity athletics programs include men's and women's soccer, men's and women's basketball, men's and women's volleyball and men's hockey.

CMU student-athletes are also eligible to compete in the following MCAC intercollegiate tournament sports: golf, badminton, futsal (indoor soccer), and table tennis.

VARSITY ATHLETICS ELIGIBILITY

Academic Criteria

CMU varsity teams are comprised of student-athletes whom the registrar's office considers to be a **full-time** CMU student, that is, students taking a minimum of nine (9) credit hours during each semester of play. Any student-athlete who withdraws from a course, leaving fewer than nine (9) credit hours per semester, will no longer be eligible to participate as a member of a CMU varsity team.

CMU varsity student-athletes must maintain the status of a full-time student in good standing academically, that is they must maintain a minimum sessional grade-point average of **2.0**.

A student-athlete who is on a varsity team during their graduating semester needs to enrol only in those courses required to complete the program declared by student-athlete. This may mean that a graduating student-athlete is enrolled in fewer than (9) nine credit hours in their final semester and remain eligible to participate on a varsity sports team.

Years of Eligibility

As a member of the MCAC, CMU allows student-athletes a total of **five (5) years** of varsity athletic eligibility. Student-athletes who transfer to CMU after competing on a varsity sports team from any degree-granting college or university in Canada or the USA shall be assessed a year of eligibility for every year of competition at their previous institution.

Conference Championship Eligibility

As a member of the MCAC, CMU allows only those student-athletes who have appeared in a minimum of **51%** of MCAC League competitions to be eligible to compete in the MCAC Championship Tournaments. Exceptions are made to this ruling in the case of injury or on a case-by-case basis.

TEAM MEMBER CONDUCT

Student-athletes are responsible to represent Canadian Mennonite University in a mature and responsible manner, acting in accordance with the regulations and expectations of CMU as outlined in the CMU Student Handbook and the missions of CMU and CMU Athletics.

CMU student-athletes that display acceptable conduct will:

1. Be loyal to their team, teammates and university
2. Be aggressive, enthusiastic, ambitious competitors, but always fair
3. Be determined to improve
4. Be humble in victory and dignified in defeat
5. Attend classes and meet all academic course requirements
6. Tolerate the mistakes of others
7. Respect authorities, opposition, officials, spectators and teammates
8. Demonstrate fair-play and sportsmanship, during competition and also when observing other CMU athletics events as a spectator
9. Enthusiastically support other CMU sports teams

Unacceptable behaviour may include, but is not limited to, the following:

1. Verbal or physical abuse of officials, opponents, spectators or team members
2. Use of foul, obscene or inappropriate language or gestures
3. Any arrest for unlawful conduct

When participating in competition, student-athletes are expected to maintain **self-control** at all times. Any use of profane language, illegal tactics or loss of physical control is unacceptable and will be dealt with on a case by case basis by CMU and the MCAC.

Student-Athletes are expected to **assist** the duties of the team manager, athletic therapist, and the coaching staff (assist in loading and unloading vans or buses, transporting, moving or cleaning up team equipment, collecting team uniforms, etc.)

Team members are expected to demonstrate **commitment** to their team with full attendance at team practices, competitions and scheduled team events.

Team members should recognize the value of personal appearance. CMU student-athletes are expected to conform to the team **dress code**, as instructed by the head coach. This may pertain to training, game day, game prep, and travel attire.

TRAVEL

When travelling, team members must conduct themselves by an equally high standard. Hotel rooms and hotel facilities as well as dressing rooms at CMU and other competition sites must be left in a neat and orderly appearance.

Team members will not purchase or consume **alcohol** while representing CMU at a competition, while at a tournament, or at any CMU-scheduled team event. (See CMU Student Handbook for community standards as it relates to alcohol).

Team members will not purchase or practice the use of any illegal or performance-enhancing **drugs**.

When travelling, any additional costs incurred by a student-athlete are required to be paid by the student-athlete. This includes meals and snacks.

Any student-athlete living on-campus and receiving a meal plan, should arrange to receive a travel meal from the CMU kitchen staff previous to their day of departure.

Members of teams travelling into the USA in 2009-10 are required to have a **valid passport** and must be legally-eligible to exit Canada. Teams that are entering the USA are also required to purchase **medical insurance** coverage at their own expense and submit evidence in the form of a photocopy or the insurance policy to the Director of Athletics prior to be allowed to participate in team travel into the USA.

The use of personal vehicles outside of the city of Winnipeg to transport team members or coaches is strongly discouraged. In some circumstances, with prior approval by the Director of Athletics, drivers will be reimbursed for travel expenses.

VARSITY TEAM MEMBERSHIP FEES

Team membership fees assist in the cost of maintaining an inter-collegiate athletics program and are applicable to all varsity student-athletes. The fees associated with team membership contribute to the costs of league and tournament fees, uniform and equipment maintenance and purchases, trophies and banquets, facility rentals, transportation, game officials, and coaches. Team membership fees also include fitness room membership for Fall and Winter semester.

The following membership fees are required to be paid by all varsity team members for 2009-10.

One Semester Sports - \$120

Two Semester Sports - \$240

Additional fees may be requested by the Athletics Department based on modes of transport to exhibition tournaments or national championships.

ATHLETE PACKAGES

Members of CMU Varsity Sports team are required to purchase an athlete package that will be billed to their CMU student account. The cost of the package is \$125.

The package includes:

1 Adidas CMU varsity track jacket

1 Adidas CMU varsity track pant

1 Adidas team duffle bag

1 CMU varsity team t-shirt

1 water bottle

Members of the CMU men's and women's soccer teams will be assessed an additional \$10 to their athletic fees to cover the expenses of two pairs of team socks.

Athlete packages are optional for the men's hockey team, but are a requirement for all other CMU varsity teams.

TEAM UNIFORMS

Team uniforms will be assigned to you by your coaches and are the property of CMU Athletics. At the conclusion of each home game, uniforms must be deposited in the team room laundry hamper. For away games, your team manager is responsible for the collecting of all team uniforms. CMU Athletics is responsible for the cleaning of all varsity team uniforms.

LOST UNIFORMS

Lost or misplaced team uniforms are extremely expensive items for an athletics department to replace. All student-athletes are expected to deposit their uniform in the team laundry after a varsity competition. In the event that a student-athlete does not hand in their team uniform and it subsequently becomes lost or misplaced, the student-athlete will be billed for the replacement of the missing uniform.

HEALTH AND SAFETY

Insurance and Medical Info

Each Canadian resident student-athlete is responsible to have a valid provincial medical insurance number (or interim coverage if you are a US or international student) before being permitted to participate with any CMU athletic teams.

Athletic Therapy

CMU Athletics seeks to provide each varsity team with a student therapist from the University of Winnipeg or the University of Manitoba.

Athletic therapists require student-athletes to complete information forms pertaining to the medical history of each student-athlete and to sign an athletic waiver form, releasing CMU of all liability claims and acceptance of all risks. These forms will be circulated by your athletic therapist before each varsity team tryout.

ATHLETICS SCHOLARSHIPS

Merit Awards

Each year CMU recognizes gifted athletes by offering six (6) \$2000 scholarships (\$500/year for four years) on the basis of athletic ability, leadership and community involvement. Merit Award applications are available at CMU Enrolment Services, the CMU Athletics Office or can be downloaded from the CMU website. All Merit Award applications must be postmarked no later than February 28, 2010.

All merit award recipients must

1. be a member of a CMU varsity athletics team
2. be enrolled in a minimum of 9 credit hours per semester
3. maintain a cumulative GPA of 2.5 or higher

Scouting Scholarships

CMU Athletics receives an annual allocation of scholarship money in addition to Merit Awards. The purpose of these scholarships is to attract new students, transfer students and CMU student retention. These awards are given to student-athletes in any year of their athletics participation at CMU. Scouting Scholarship award winners are determined by the CMU Athletics Department in conjunction with recommendations given by each varsity coach.

All scouting scholarship recipients must carry a cumulative GPA of 2.5 or higher.

ADOPT – A – BLAZER

The Adopt-a-Blazer program is an opportunity for friends, family and CMU Blazers Alumni to support CMU student-athletes. It is also an opportunity for businesses to advertise through our varsity teams and our varsity home games.

Adopt-A-Blazer brochures are available at the Athletics office or can be downloaded from the CMU Athletics website.

CLASS CONFLICT PROCEDURES

Combining varsity sports with the demands of a full-time academic program at CMU requires a commitment to self-discipline in time management. Athletic excellence can only be achieved with dedication to training. Likewise, academic excellence requires discipline in study.

Make every effort to plan your class schedule wisely and to communicate clearly with your professors and coach before class conflicts happen.

The following examples will provide you with CMU's expectations to the following conflicts:

Q: A team practice conflicts with my class schedule or music rehearsal

A: Inform your coach of the conflict in advance and seek to come to a mutual agreement that will allow you to honour your class schedule or music rehearsal

Q: A team practice conflicts with a test, exam or music performance

A: Inform your coach of the conflict in advance and seek to come to a mutual agreement that will allow you to honour your academic commitments

Q: A scheduled game conflicts with class schedule or music rehearsal

A: Inform your professor of the conflict at least one week in advance and seek to come to a mutual agreement that will allow you to honour your athletic team commitments. This will often include additional readings and assignments to compensate for missed class time.

Q: A scheduled game conflicts with a test, exam or scheduled music rehearsal

A: Inform your professor of the conflict at least one week in advance and seek to come to a mutual agreement that allow you to honour your athletic team commitments.

Q: An assignment due-date occurs while you are out of town on an athletic team road trip

A: Complete the assignment before the due-date; before you depart on your road trip

CMU professors are not obligated to excuse student-athletes from class to participate in intercollegiate competitions. Respect the instructions of your professors and consult the Director of Athletics if you are unable to reach a mutual agreement.

CLASS CONFLICT FORM

As soon as possible, compare your team schedule with your class schedule and complete an attached ***Class Conflict Form*** (attached to this document) for each of your CMU class professors.

CMU ATHLETICS FACILITIES & EQUIPMENT POLICIES

The **Loewen Athletic Centre** is located on the north campus and is the home of the CMU Blazers men's and women's volleyball and basketball games as well as team practices. Consult the gym schedule posted weekly on the athletics bulletin board for information on available gym times.

The **Varsity Team Room** is located in the gymnasium and is available to members of the CMU Blazers men's and women's volleyball and basketball teams only. The lock combination will be given to team members by their coach or athletics department. All personal items must be kept in your assigned locker and secured by a combination lock supplied to you by the athletics department. Any items left unsecured in the team room will be collected weekly and donated to a non-profit organization.

The **Fitness Room** is located in the gymnasium and is available to fitness room members as well as varsity team members. During the school year, the fitness room will remain open to all members throughout the day and evening. CMU students who are interested in using the fitness room can purchase a fitness room membership from the athletics office for \$20 a semester. Likewise, CMU Alumni who would like access to the fitness room can purchase a membership from the athletics office for \$50 a semester.

Gym and fitness room hours are from 7:30am to 11:45pm (with proxy card access after 5:30pm). Cards are available from the south campus receptionist. Do not, at any time, leave doors to the north campus building propped-open. A silent security alarm system is programmed to notify campus security of a problem.

All north campus buildings **must** be vacated by 11:45pm

GYM RULES

1. Non-marking shoes only on gym floor
2. Do not hang on the basketball rims or backboards
3. Do not chew gum in the gymnasium

FITNESS ROOM RULES

1. Shoes must be worn at all times
2. Weights must always be put away when not in use
3. Be courteous to those waiting to use equipment
4. A maximum of 30 minutes on treadmill when a member is waiting

The **CMU Athletics Field** is located on the south campus and is the home of the CMU Blazers men’s and women’s soccer games as well as team practices. Please consult your head coach for use of varsity soccer equipment during any unscheduled team training.

The **CMU Hockey Shed** is located on the south campus next to the Athletics Field and functions as the men’s and women’s soccer team room during the outdoor soccer season. Access to the team room is available to team members only during scheduled team events.

CONSIDER THE ATHLETICS FACILITIES AND EQUIPMENT AS YOUR OWN. IF YOU SEE EQUIPMENT BEING ABUSED OR MISTREATED, RULES BEING BROKEN, OR NON-MEMBERS ACCESSING THE FITNESS ROOM, PLEASE REPORT IT TO THE ATHLETICS OFFICE.

JOBS IN ATHLETICS**Team Managers**

The team manager provides support to the coaching staff and team members. The team manager is responsible for the collection of team uniforms at the conclusion of both home and away competitions and delivery of team uniforms to the CMU athletics office.

The team manager may be asked to keep game statistics, assist in transporting team equipment, write game reviews, report game results, run errands, organize hotel room assignments, etc.

Team managers are expected to travel with varsity teams to all local conference competitions. Team managers are not expected to travel with varsity teams to non-conference competitions or on overnight road trips. Team managers will receive an honorarium in the amount of \$100 at the conclusion of their varsity sport season.

Office Communications Assistant	approximately 3 hours per week
Public Address Announcer – Volleyball and Basketball	approximately 40 hours per semester
Soccer Host/Grounds	approximately 15 hours from Sept. – Oct.
Hockey Score Clock Operator	approximately 15 hours from Nov. – Feb.
Basketball Event Host	approximately 25 hours per semester
Basketball Scorekeeper	approximately 20 hours per semester
Basketball Shot Clock Operator	approximately 20 hours per semester
Basketball Score Clock Operator	approximately 20 hours per semester
Volleyball Event Host	approximately 25 hours per semester
Volleyball Scorekeeper and Score Clock Operator	approximately 20 hours per semester



CANADIAN MENNONITE UNIVERSITY

NOTICE OF CLASS ATTENDANCE CONFLICT

Course # and Title: _____

Name of Instructor: _____

I would like to inform you of the following conflicts in my schedule this semester between the course I am taking with you and my commitments to a CMU Blazers athletic team.

Sport: _____

I am requesting your permission to be absent from your classes on the dates listed below. I will also check with you to see if you will require any additional work from me to make-up for the class time that I will be missing.

The following is a list of dates in which my academic and athletic commitments conflict:

Print Name

Signature of Student Athlete

Date

Email Address



CANADIAN MENNONITE UNIVERSITY

Notice of Class Attendance Conflict

Course # and Title: _____

Name of Instructor: _____

I would like to inform you of the following conflicts in my schedule this semester between the course I am taking with you and my commitment to the CMU Blazers _____.

I am requesting your permission to be absent from your classes on the dates listed below. I will also check with you to see if you will require any additional work from me to make-up for the class time that I will be missing.

The following is a list of dates in which my academic and athletic commitments conflict:

Signature of Student Athlete



2009/2010 VARSITY ATHLETICS ROSTER INFO

SECTION 1

The following information is needed for completing the team roster. This information will be posted on the CMU athletics website and will be included on game and/or tournament programs.

Name: _____

Position: _____ Height: _____

Hometown: _____ High School: _____

Year of Post-Secondary education: _____ Program of Study (Major): _____

SECTION 2

The following information will be used only internally for team administration and communication.

Email Address: _____

Phone Number(s): _____ Birthdate: _____
(MM/DD/YY)

Last Club/Team you played for in this sport: _____

Parents or Guardian Name(s), Address and Phone #: _____

CMU Dining Hall Meal Plan:

- Full
- Partial (please describe) _____
- None

Do you have a Class 4 Driver's License (licensed to drive a 15 passenger van)?

- Yes
- No
- No, but I am interested in getting one

Do you have health insurance that covers you when you travel to the US (applicable to basketball only)?

- Yes
- No

SECTION 3

Consent to release personal information by registrar's office and by athletic department

Information regarding your course load and academic performance, as well as other personal information collected on this form is required to determine your eligibility to participate in conference play.

I hereby authorize the registrar's office at CMU to provide information regarding my academic record to the athletics department, as indicated above. I also authorize the CMU athletics department to use the information for the purposes indicated above.

Signature of Student

Date (MM/DD/YYYY)

If you have any questions about the collection and use of this information please contact Susan Warkentin, CMU Privacy Coordinator, at C264 – 500 Shaftesbury Blvd. or at privacy@cmu.ca

Athletic Department
CANADIAN MENNONITE UNIVERSITY
Waiver Form - Release of All Liability Claims and Acceptance of All Risks

CMU is concerned for the academic and personal well-being of its students and works with the Athletics Department to provide a setting which will enhance the student's overall experience at CMU. Competitive Athletics have some risk associated with them. Therefore students who have chosen to compete for CMU in athletic competition, team practices, physical training or other sporting events are asked to sign this waiver form.

* * * * *

I have voluntarily chosen to participate in a Canadian Mennonite University sports team. Name sport:

While participating in any athletic competition, team practices, physical training or other sporting events at CMU or while a member of a CMU sports team, I do not hold CMU responsible for my comfort, safety, or my physical, financial, or legal well-being.

I recognize that travel and sport experiences in some settings outside of Canada may involve significant risks. I knowingly accept any foreseen and unforeseen risks associated with being a member of my CMU team.

I hereby release and agree to hold harmless Canadian Mennonite University and its employees, directors, coaches, trainers, agents and successors from any and all liability or claims, demands, rights, causes of action, whether known or unknown, brought by me or on my behalf by my heirs, beneficiaries, executors or assigns.

Signed this _____ day of _____ 20____

Student - Athletes' Signature: _____

Student - Athletes' Name (Print): _____