

Bachelor of Arts

BA with a Psychology Major

Why major in Psychology at CMU?

Studies in psychology serve to promote positive individual functioning and foster insights critical to understanding and interacting with others. In Psychology, we explore theories and research relevant to questions of culture, gender, learning, cognitive and emotional development, interpersonal relationships, and communication. Psychology students are invited to explore these parts of the human experience and their physiological underpinnings.

Studies in Psychology offers students a more thorough understanding of themselves and others, by encouraging students to bring their beliefs and worldviews into the classroom. At CMU, the Psychology program offers opportunities to consider critically various points of contact between psychology and faith.

Program Strengths

Students are offered a holistic approach to studying psychology. This approach is evident in the interdisciplinary nature of the program, in the commitment of professors to help students achieve academic and professional goals, and in the way students are encouraged to integrate worldview questions into their learning.

While gaining a firm grounding in key theories and principles, students are given the opportunity to apply their learning both in the classroom and in supervised practicum placements. Skills gained through study and experience will be useful in a wide-variety of career paths, and will contribute to finding meaningful employment.

Career Paths

Studies in psychology prepare students for careers within a variety of fields including:

- Human Services
 - Counselling
 - Community mental health agencies
 - Parole services, not-for-profit organizations, child/youth/elder care, advocacy
- Research: applied research or market research for private or government agencies
- Human Resources: recruitment, labour relations, personnel development, public relations
- Consulting: organizational development, leadership development, team building

Skills Developed

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| • Critical and creative thinking | • Strong oral and written communication |
| • Self-awareness | • Organization |
| • Interpersonal communication | • Time-management |
| • Research interpretation and reading | • Cross cultural awareness |
| • Data analysis | • Empathic understanding |
| • Research design | • Group leadership |

Psychology Programs

CMU offers programs in Psychology including:

- Psychology major within the four-year Bachelor of Arts
- Psychology major within the three-year Bachelor of Arts
- Psychology minor within the Bachelor of Arts

CMU Courses in the Psychology Program

- Introduction to Psychology – Foundations
- Introduction to Psychology – Individuals and Interactions
- Organizational Behaviour
- Research Design in Psychology
- Research Analysis in Psychology
- Social Cognition and Influence
- Social Relationships and Behaviour
- Developmental Psychology – Childhood
- Developmental Psychology – Adolescence
- Developmental Psychology – Adulthood
- Cognitive Processes
- Counselling Theories
- Counselling Techniques
- Interpersonal Communication
- History of Psychology
- Organizational Leadership
- Qualitative Inquiry in the Social Sciences
- Abnormal Psychology
- Psychology of Personality
- Psychology and Christianity

Course descriptions can be found on the CMU website. Contact the admissions department with further questions.

In addition to specific Psychology courses, students will take classes in the humanities, sciences, social sciences and courses in Biblical and Theological Studies as part of the degree.

A work-integrated learning course is required in every degree at CMU. This practicum can be done as an intensive 12-week placement or a once-a-week placement over 20 weeks during the school year. The work placement can help students explore the field they are majoring in for career possibilities or it can provide a way to expand their experiences in a field they haven't thought about before.