

In recognition of individuals who struggle with asthma, allergies and environmental/chemical sensitivities, please refrain from wearing fragrances and scented products on campus. CMU is striving to be a scent-free environment.



Many scent-free products are available at your local supermarket and pharmacy. Others are available in specialty stores and do tend to be a bit more pricey. However, many of the specialty items are of high quality, and are effective in smaller quantities than the scented products.

As you look into scent-free alternatives to scented personal-care products, it's important to be aware that the terms 'fragrance-free', 'scent-free' and 'unscented' are used virtually without restrictions. They may only mean that the product has less scent than the scented version of the same product from that manufacturer.

Nonetheless, choosing products with these labels is still safer than choosing the scented versions.

## **Scent-Free Products List**

The following list offers only a small sample of the scent-free products available and is not meant to be all-inclusive.

### **General Merchandise**

#### **Anti-Acne**

Noxzema Complete Care for Sensitive Skin — fragrance-free

Oxy Daily Cleaning Pads for Sensitive Skin — fragrance-free

### **Body Wash**

Aveeno Skin Relief Body Wash — fragrance-free

Dove Moisturizing Body Wash — unscented

Goat's Milk Moisturizing Body Wash — fragrance-free

Oil of Olay Moisturizing Body Wash — unscented

Our Compliments Moisturizing Body Wash — unscented

### Cream

Cetaphil Moisturizing Cream — fragrance-free

Dermal Therapy Hand, Elbow & Knee Cream — fragrance-free

Jergens — unscented

Neutrogena Facial Cream — fragrance-free

Neutrogena Hand Cream — fragrance-free

Oil of Olay Complete Care — fragrance-free

Oil of Olay Total Effects — fragrance-free

Vaseline Intensive Care Hand Cream — unscented

### **Deodorant**

Arm & Hammer Anti-perspirant — unscented

Arrid XX Roll-on — unscented

Arrid XX Solid Stick - unscented

Degree Original — unscented

Dove Invisible — fragrance-free

Dove Sensitive Skin — unscented

Dove Silk Protection — unscented

Dry Idea Roll-on — unscented

Just the Goods basic - unscented

Lady Speed Stick Gel — unscented

Lady Speed Stick Invisible — unscented

Mitchum Clear Stick — unscented

Mitchum Solid — unscented

No Name Solid Stick — unscented

Secret Platinum — unscented

Secret Roll-on — unscented

 ${\sf Secret\ Sheer\ Dry\ -unscented}$ 

#### Gel

Alberto European Extra Hold Gel — unscented

Dep 10 Sport Endurance Gel — fragrance-free

Dep 10 Sport Extreme Hold — fragrance-free

Dippity-do Sport Gel — unscented

# Hairspray

Alberto European Extra Hold Hairspray — unscented

Clairol Final Net Ultimate All-day Hold — unscented

Clairol Regular All-day Hold — unscented

## **Laundry Detergent**

All Free Clear - fragrance-free

Arm and Hammer Free of Perfumes and Dyes - unscented

Charlie's Soap Laundry Powder - fragrance-free

Ecover Liquid Laundry Detergent - fragrance-free

Free & Clear

Nature Clean - Unscented

Tide Free and Gentle Liquid Laundry Detergent - fragrance-free

Tide Free and Gentle Pods - unscented

### Lotion

Aveeno Daily Moisturizing Lotion — fragrance-free

Cetaphil Moisturizing Lotion — fragrance-free

Curel Moisturizing Body Lotion — unscented

Curel Therapeutic Moisturizing Lotion — fragrance-free

 $\label{eq:definition} \mbox{Dermal Therapy Extra Strength} - \mbox{fragrance-free}$ 

Exact — unscented

Goat's Milk Lotion Moisturizing — fragrance-free

Keri Lotion Deep Conditioning — unscented

Keri Lotion Fast Absorbing — unscented

Keri Lotion Original — unscented

Keri Lotion Skin Renewal SPF 15 — fragrance-free

Lubriderm Body Lotion — unscented

Lubriderm Lotion — unscented

Lubriderm Seriously Sensitive — fragrance-free

Neutrogena Body Emulsion — fragrance-free

Neutrogena Body Moisturizer — fragrance-free

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Nivea Body Lotion — fragrance-free

Oil of Olay Sensitive Skin — fragrance-free

PHisoderm — unscented

Vaseline Intensive Care Body Lotion — unscented
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## **Shaving Cream**

Aveeno Therapeutic Shaving Gel — unscented Nivea for Men Sensitive Aftershave Balm — unscented Nivea for Men Shaving Gel — unscented

## Soap

Aveeno Balancing Bar — fragrance-free

Aveeno Clear Skin Bar — fragrance-free

Aveeno Moisturizing Bar — fragrance-free

Dove — unscented

Goat's Milk Soap — fragrance-free

Jergen's Naturals — unscented

Neutrogena — fragrance-free

Oil of Olay — unscented

### Sunscreen

L'Oreal Ombrelle Suncare Research SPF 15 & 30 — unscented

## **Specialty Store Items**

#### Conditioner

Botanical Therapeutic Tree Essence — fragrance-free

Nature Clean Organic Conditioner — fragrance-free

Phillip Adam Apple Cider Vinegar Shampoo - fragrance-free

#### Cream

Earth Science Almond-Aloe Facial Moisturizer — unscented

Earth Science Beta Ginseng Hydrating CrÏme — fragrance-free

### **Deodorant**

DSA Crystal Deodorant Stone — unscented

Earthwise Baking Soda — unscented

JASON Natural Cosmetics Clearly Fresh and Natural — unscented

Kiss My Face Liquid Rock Roll-on — fragrance-free

Kiss My Face Solid Stick with Baking Soda and Clay

Naturally Fresh Deodorant Crystal — fragrance-free

Nature's Gate Crystal — fragrance-free

Nature's Gate Winter Clean Roll-on

NutriBiotic, The Original with Witch Hazel and Aloe Vera — unscented

Tom's of Maine — unscented

### Lotion

JASON Vitamin E Natural Hand & Body Lotion — fragrance-free

Kiss My Face — Olive & Aloe Oil Free Moisturizer — fragrance-free

Nature's Gate — Herbal Moisturizing Lotion — fragrance-free

### **Shampoo**

Botanical Therapeutic Tree Essence — fragrance-free

Druide Shampoo Hypoallergen, Horsetail & Proteins — fragrance-free

Earth Science Pure Essentials Shampoo — fragrance-free

Nature Clean Herbal Shampoo — fragrance-free

Phillip Adam Apple Cider Vinegar Shampoo - fragrance-free

## **Shaving Cream**

Kiss My Face Natural Moisture Shave — fragrance-free

#### Soap

Kiss My Face Liquid Soap — fragrance-free

Kiss My Face Pure Olive Oil Soap — fragrance-free

Nature Clean Pure Soap — fragrance-free

## Sunscreen

Alba Botanical Sun Protection, Water Resistant SPF 15 - fragrance-free

You can also try searching <u>Health Canada's drug product database</u> for other products.